



# THE ORIGINAL TRIPLE PATENTED workout belts

The shape that fits

## Workout and Wear What the Pros Wear!



**Model 2004** – 4¾" width in back  
**Model 2006** – 6" width in back



**Ladies' Model 2004 Pink**  
4¾" width in back



**Model 3004** – 4¾" width in back  
Our "Power Nylon Belt"  
Extra firm with reinforced neoprene  
Available in black only



*"Schiek products are a CUT above!"*

*Jay Cutler,  
4-Time Mr. Olympia*



*"There is no substitute for Schiek!"*

*Phil Heath, Mr. Olympia*



*"Schiek helps me lift harder, smarter, & safely. I never train without them!"*

*Jenna Renee Webb-Holley,  
Professional Fitness Model*

## compare

### schiek advantages

#### Patented Shape

Schiek belts form a cone shape essential for the perfect fit. All other belts create a cylinder and do not fit your body properly.

Ordinary Belt

#### New Patented Hip and Rib Contour

Provides ultimate comfort and flexibility. Ordinary belts dig into the hips and ribs and cause discomfort.

#### Patented One-Way Velcro® Closure

Amazing One-Way Velcro® allows belt fastener to slide in one direction only for quick and exact fit. Unlike belts with buckles, the Schiek belt can be easily adjusted to the perfect tension during a workout.



#### Special Lumbar Insert

Reinforces the natural shape of the spine. Other Nylon belts flex in this area where additional support is needed.



#### Dual Support

Schiek belts are designed to support BOTH the lower back and abdominal area. The abs are the key to complete lower back support and no other belt offers the dual support of Schiek.

### sizing

#### Select the size best for you:

Size:	X-Small	Small	Medium
Waist:	24" - 28"	27" - 32"	31" - 36"
Size:	Large	X-Large	XX-Large
Waist:	35" - 41"	40" - 45"	44" - 50"

#### Custom Sizes Available (Black Only):

Size:	XXX-Large	XXXX-Large	XXXXX-Large
Waist:	50" - 54"	53" - 58"	57" - 62"
	\$7.50 extra	\$15.00 extra	\$22.50 extra

#### Colors Available for Models 2004 & 2006:



Made with pride in the USA.

innovation • support • comfort • quality

**Workout and  
Wear What the Pros Wear!**



Daniel Hill, IFBB Pro

**dip belts**

- 7" wide padded back.
- Incorporates Schiek patented taper on the sides.
- Heavy gauge steel chain and carabineer.



Clark Bartram,  
Fitness Professional



Model L5008 - Genuine Leather



Model B5008 - Black Amara

**power leather contour belt**



Model L2004 - 4 3/4" width in back



Model L2006 - 6" width in back

- Same shape as our Model 2004/2006.
- Double prong stainless steel buckle.
- Copper rivets.
- Padded lumbar insert.

**competition power belt**

- Heavy duty construction.
- 9mm thick and 10cm wide Suede Leather.
- Stainless Steel buckle.
- Competition legal.



Model L6010 – Dual Prong  
Model L6011 – Single Prong

**Jay Cutler custom belt**

- Made of quality 100% Genuine Leather.
- Jay's custom logo embroidered on back.
- Personally designed by Jay.



Jay Cutler,  
4-Time Mr. Olympia



Model J2014

**power lever belt**

- Heavy duty construction.
- 9mm thick and 10cm wide Suede Leather.
- Heavy duty lever closure system.
- Competition legal.



Model L7010



**"Most scientific literature suggests that weight belts can help to prevent injuries."**

**-Jeffrey E. Lander, Ph.D.**

Schiek - The Gold Standard