



THE ORIGINAL "SHAPE THAT FITS" power gear

Schiek - The Gold Standard

elbow sleeve

- Made with breathable neoprene to expel moisture and reduce skin irritation.
- Provides Maximum Elbow Support.
- Washable.
- Available in S, M, L, & XL.
- Proudly Made in the USA!



Model 1136 ES

knee wraps - Schiek Line

- Heavy duty cotton elastic for maximum support.
- Full 78" Length.
- 3" Width.
- Extra heavyweight cotton elastic.
- Also available with Velcro closure
- Proudly made in the USA!



Model 1178



wrist wraps - Schiek Line

- Thumb loop for easy/quick wrap.
- Heavy duty cotton elastic for maximum support.
- Extra wide hook and loop closure.
- 12" Inch Model 1112



Shawn Rhoden, IFBB Pro



Dennis Wolf, IFBB Pro

wrist wraps - black line

- Thumb loop for easy/quick wrap.
- Extra heavyweight cotton elastic for maximum support.
- Extra wide hook and loop closure.
- 12" Inch Model 1112B



pink wrist wraps

- Thumb loop for easy wrap.
- Extra wide hook and loop closure.

Model 1112 P



knee wraps - Black Line

- Extra heavyweight cotton elastic.
- Proudly made in the USA!



Model 1178B



Jay Cutler, 4-Time Mr. Olympia

wrist supports



Model 1100

- Non-stretch to ensure maximum support.
- 1/4" thick and 2 1/2" wide neoprene padding for extreme comfort.
- 2" extra wide outside strap for added support.
- 2" wide rugged steel buckle for a secure fit.

knee bands

- Made with 1/4" thick Neoprene - Comfortable & stretchable
- Provides maximum support to stabilize the knees.
- Provides warmth to improve circulation.
- Washable.
- High quality - double stitched.
- Can be used as elbow sleeves.
- Perfect for squats

Tommy Kono designed and approved



Model 1140KS

"I bought the Schiek Power Sleeves. I will endorse your products till the end. I recommend Schiek products to everyone I meet."
-Branon Uyeda - Honolulu, Hawaii